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**FACT SHEET    SEARHC - TeleBehavioral Health Program**

**What is the TeleBehavioral Health?** TeleBehavioral Health utilizes dedicated telephone lines, video and computers to bring a provider at one location face to face with a patient in another location. However, Telebehavioral health is more than just technology; it is a virtual community mental health collaborative that shares Psychiatric, Mental Health, and Substance Abuse Treatment services among remote villages. It also shares educational, supervisory, and administrative activities among SEARHC Behavioral Health employees, and offers training opportunities to all members of remote communities free of charge.

**TeleBehavioral Health Services:**

- Psychiatric services
- Psychotropic medication refills
- Psychiatric consultation with licensed local clinicians
- Mental Health Assessment/Evaluation and Triage
- Mental Health and Substance Abuse consultation
- Psychotherapy and Counseling
- Prevention services
- Treatment team review and treatment planning
- Clinical Supervision and Consultation
- Behavioral Health Education and Training via distance learning
- Behavioral Health Administration

**For Patients this means-** access to Psychiatric services, Individual, Group and Family Psychotherapy; Prevention and Aftercare services that would otherwise be unavailable. It also decreases the need for travel thus decreasing time away from home, and the risk incurred for travel in rugged landscapes and inclement weather.

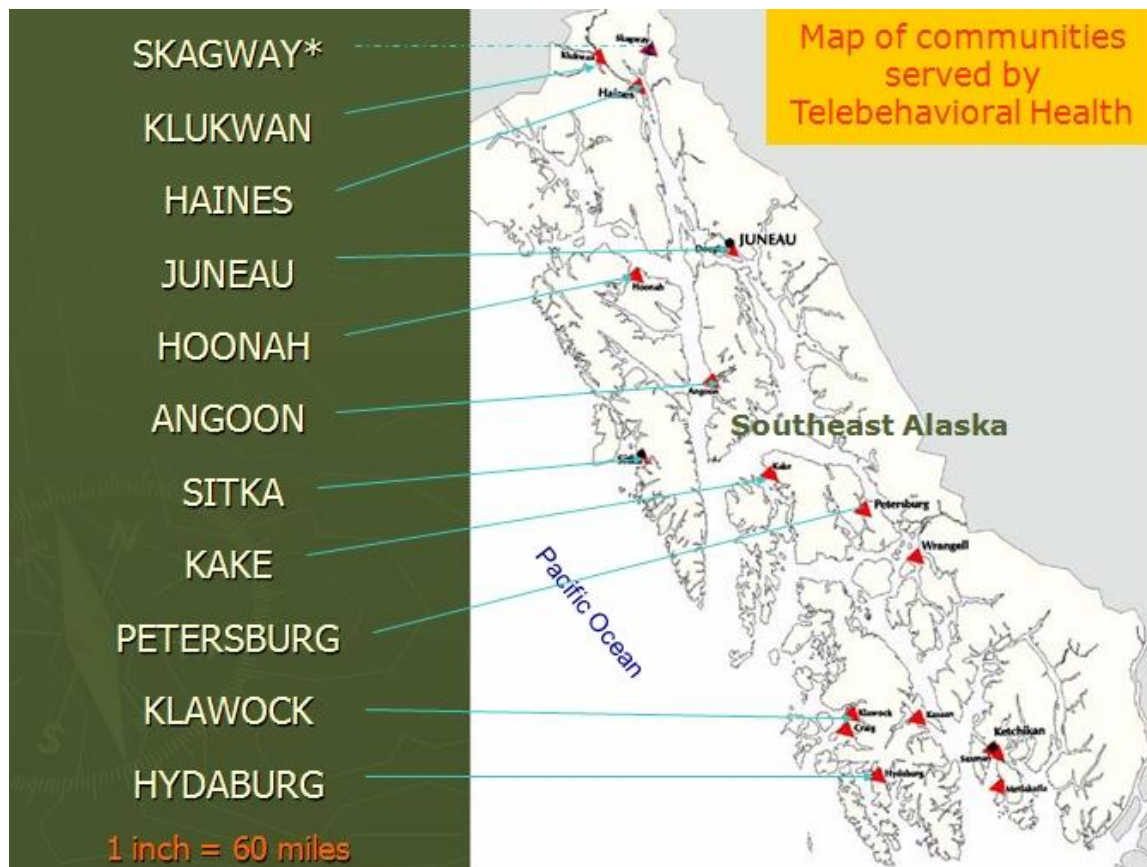
**For the Local Provider this means-** opportunity for expert training, peer review, clinical supervision, case conference and grand rounds. Remote village employees are enhanced in their ability to provide local expertise, network with non-local peer and are empowered, which leads to retention of valued employees.

**For the Community this means-** access to consultation, bi-monthly behavioral health seminars, and special program at the national level.

**TeleBehavioral Health Accomplishments (4/2003 to present):**

- Access to 11 SEARHC village sites
- Clinical Peer Review bi-weekly
- Supervisory bi-monthly meetings
- Behavioral Health Seminars offering Continuing Education credit
- Linkage with Anchorage ANTHC Video Bridge enabling broader connectivity

**Mission:** Expand psychiatric and behavioral health services and related activities via live videoconferencing to remote villages to provide high-quality, behavioral health care.



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